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Volume 5, Number 19 *November 10-23, 1990*

UCSF Newsbreak

New Route to Fertility?

UCSF scientists have shown that a tiny population of cells in the brain establishes the basic rhythm of the reproductive cycle in both men and women.

Because of their central role in controlling human fertility, the cells should become a focus of study for those looking for new contraceptives or new ways of improving fertility, the scientists say.

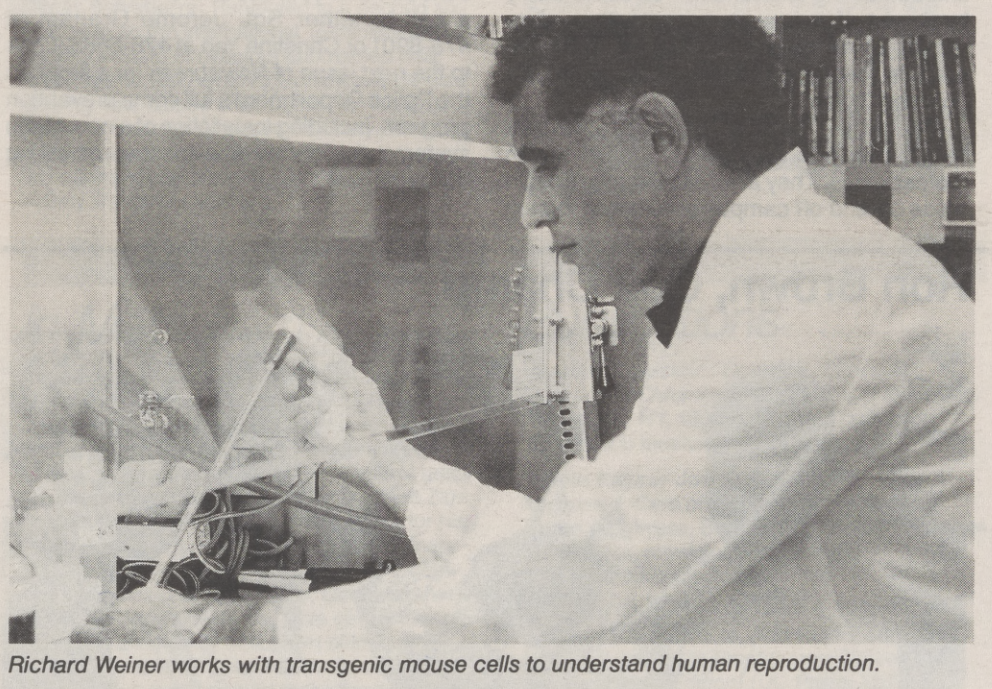
There are only 1,500 of these cells in the brain, yet they start the hormone cascade that ends in the release of a fertile egg from the ovaries and the production of fertile sperm. They are called GnRH-secreting neurons because they regularly spew out gonadotropin releasing hormone.

The pulses of GnRH these cells periodically release are essential to maintaining fertility, and the startup of pulsed release in childhood stimulates the onset of puberty in both boys and girls.

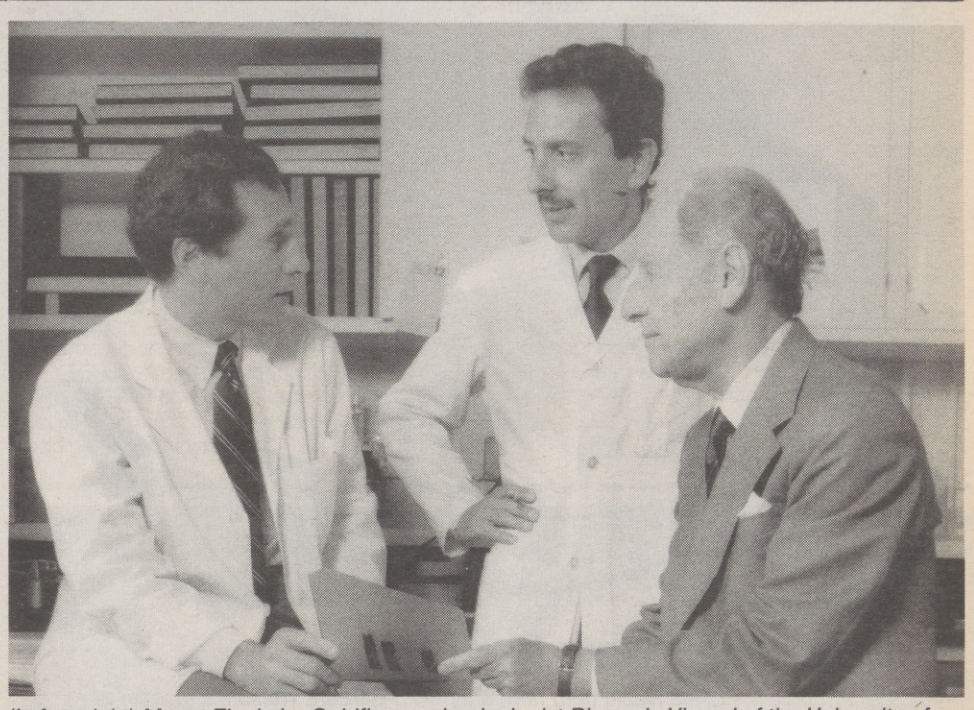
Researchers have long debated whether the GnRH-secreting cells themselves are responsible for the pulsed release, or whether other brain cells force these neurons to send out pulses of hormone at regular intervals.

In a report on October 30 at the annual meeting of the Society for Neuroscience, Richard I. Weiner, UCSF professor of ob/gyn and physiology, and his colleagues reported that these cells pulse on their own, even when removed from the brain and cultured alone.

The implication is that if a drug could be found that interrupts the pulsing of GnRH-secreting neurons, it could interrupt fertility. Conversely, a drug that corrects the pulsing would be useful as a fertility drug.



Richard Weiner works with transgenic mouse cells to understand human reproduction.



(Left to right) Mount Zion's Ira Goldfine, endocrinologist Riccardo Vigneri of the University of Catania in Italy and John A. Kerner of the Kerner Foundation

Insulin Linked to Breast Cancer

A team of scientists from the Mount Zion Medical Center at UCSF and Catania, Italy has found high levels of insulin-related molecules brewing in breast cancer cells, suggesting that the body's main fuel-regulating hormone plays a role in the biology of breast cancer.

The researchers analyzed breast tissue and cells from 159 women with breast cancer and 33 healthy women. Using a highly sensitive laboratory technique which they developed, they found the content of insulin receptors in certain breast cancer cells was nearly seven times higher than in normal breast cells. Insulin receptors are those molecules that recognize and bind with insulin—a protein hormone—to trigger the hormone to act in the body's cells.

Larger tumors appeared to have greater levels of insulin receptors, indicating a relation between insulin and aggressiveness of the breast cancer.

If further studies confirm a link between insulin and breast cancer, measuring breast tissue cells for insulin receptors could be an effective method for determining the stage of the cancer, says Ira D. Goldfine, UCSF professor of medicine and physiology and director of the Diabetes and Endocrine Research Laboratory at the Mount Zion Medical Center of UCSF.

Insulin is produced in the pancreas and secreted into the blood when glucose levels rise, and it is essential to transport glucose into the body's cells.

Obese women have a slightly higher risk of breast cancer, and they also have higher levels of insulin, says Goldfine. "In some women, overeating could contribute to breast cancer via insulin," he says. Goldfine's team received funding from the John A. Kerner Foundation to pursue the study.

Do You Have Your Green Emergency Cards?

All campus employees by now should have received at least one green emergency card which lists, among other things, two "Information Hotline" numbers you can call to find out the status of the campus and whether or not you should report to work.

"Everyone is to have three cards," says Vice Chancellor Brent Stevenson, chair of the Chancellor's Emergency Preparedness Committee, "one for your office, one to keep in your wallet, and one to have at home." The listed telephone numbers are: on campus 476-9000, and, if campus lines are down, 1-800-873-8232.

Department managers and supervisors have the responsibility to make sure that each employee gets a total of three cards. See the following people in your unit to obtain them: Academic Affairs—Janice Babula, S 115; Business & Fiscal Services—contact individual department heads; Chancellor's Office—Ada Rodriguez, S 126; School of Dentistry—Gary Foreman, D 1100; LPPI—contact individual unit supervisors; UCSF Laurel Heights—Margaret Ambeau, Suite 16; Medical Center—Roseanne Rappazini, Box 0208; School of Medicine—Dean's Office, reception desk, S 224; Mission Center—Katy Irwin, MCB 645; School of Nursing—contact individual department MSOs; School of Pharmacy—Barbara Wilson, S 926; SFGH—Dean's Office, main hospital building, Rm. 2A21; Staff & Student Human Resources—Paula Schultz, S 24; University Advancement & Planning—John Tucker, Millberry Union East Rm. 253.

See the next issue of *Newsbreak* for a full story on what the campus is doing to better prepare us for the next big quake.

New Photo IDs Free Through December

Our campus is in the midst of converting to a new photo ID system. The Police Department is issuing these cards free to all faculty, staff and students through the month of December. After that time there will be a recharge to departments and schools of $3 per card. You can get a free ID card by first completing a personnel ID request form (get one from your department manager) and taking it to one of the following locations between 9 a.m.-1 p.m. or 2-4 p.m.:

- Mon.-Tues., Nov. 12-13: MU Residents' Lounge
- Wed., Nov. 14: VAMC, Bldg. 1, Rm. 204
- Thurs., Nov. 15: 44 Montgomery, Suite 285
- Fri., Nov. 16: Oyster Pt. Laundry Serv. lunch room
- Mon.-Tues., Nov. 19-20: MU Residents' Lounge
- Wed., Nov. 21: MU Conference Center
- Mon.-Wed., Nov. 26-28: MU Residents' Lounge
- Thurs.-Fri., Nov. 29-30, and Mon.-Fri., Dec. 3-7: Mount Zion Rm. 530

Call Nicole at 476-8900 or Linda at 476-2454 or further information and the schedule for the remainder of December.



"Girls from Twin Peaks" Say Donate Now

The first place winner in the School of Pharmacy's United Way raffle/Halloween costume contest was this bevy of beauties—"The Girls from Twin Peaks." Meanwhile, envelopes with donations from our 1990 United Way Campaign keep pouring into the Accounting Office. With the scores of raffle parties and the like in most units all over campus, it appears this will be another successful campaign. If you haven't already sent in your contribution it's not too late. A $25 gift can provide over three hours of emotional and practical support for someone with AIDS; $50 will supply handouts and reading materials to strengthen literacy skills for 10 youths; while $100 can support a week's worth of professional counseling for an abused woman and her children. Or you can designate your contribution to any eligible agency you choose. Whatever amount you decide to give, it will go a long way.

Jim Bailey Performance to Benefit UCSF AIDS Health Project Nov. 14

The UCSF AIDS Health Project will get a boost from a special benefit performance by master illusionist Jim Bailey on Wednesday, November 14, beginning at 8 p.m. in the Plush Room, 940 Sutter Street.

In this distinctive two-hour show, called "An Intimate Evening with Judy Garland," Bailey will recreate the magic of this legendary woman, which has helped him garner such honors as the Press Association's Awards for Best Entertainer in 1989 and Best Actor in 1990.

Named Las Vegas Hotel Association's Entertainer of the Year more than any other performer, Bailey has graced the stages of prominent halls around the world, including several times at the London Palladium and Carnegie Hall, not to mention his critically acclaimed Royal Command Performance before Queen Elizabeth and Prince Philip.

While in San Francisco, Bailey also plans to visit UCSF and SFGH facilities which are helping to keep AIDS patients alive, including SFGH's Ward 86, and centers which have been set up to identify new HIV cases, including the Health Center #1 HIV Antibody Test Site coordinated by the UCSF AIDS Health Project.

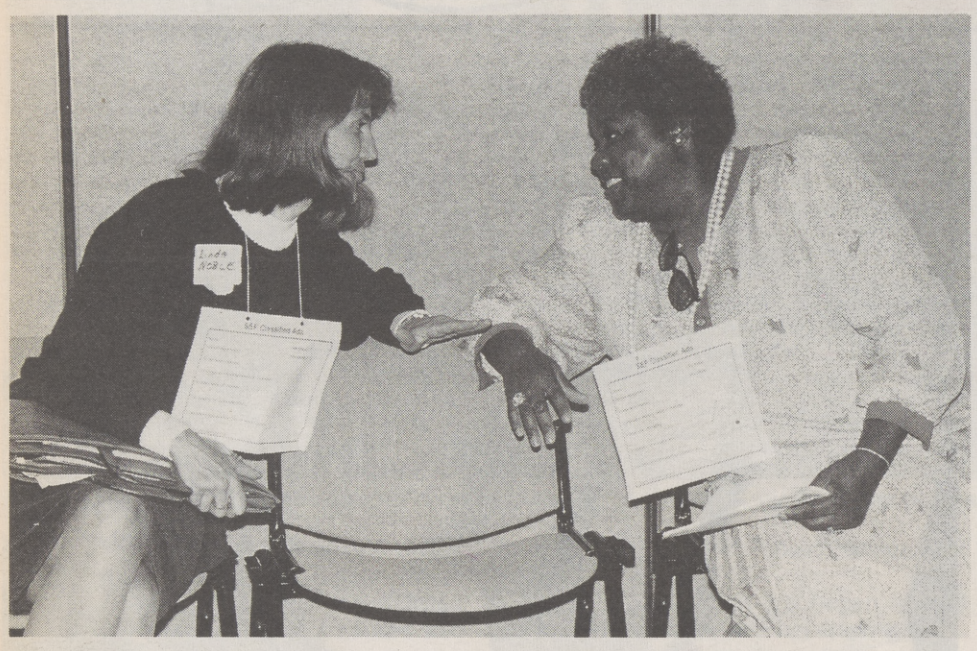
Money from the benefit will go towards the AIDS Health Project's Women's Services Program, which offers counseling to those women who are either HIV positive or who consider themselves at high risk for contracting the AIDS virus.

Tickets for the November 14 performance at $30 each may be purchased by calling 885-6800. For further information on all of the services provided by the AIDS Health Project, call Paul Causey at 476-6430.



First Lady of Turkey at SFGH

Semra Ozal, the First Lady of Turkey (front, center), paid a visit to SFGH last week along with an entourage of some 20 people plus nearly just as many secret service and local police members. President of the Foundation for the Advancement & Recognition of Turkish Women, the First Lady was in San Francisco for four days as a guest of American Women for International Understanding. She holds several honors for her social work, including the 1990 UNICEF Child Survival Medal for her outstanding work in mother and child care. At SFGH, she and her companions toured the AIDS Inpatient Unit (Ward 5A) and the Emergency Department's Trauma Center.



Meeting Their New Partners

Neurological Surgery's Linda Noble (left) talks shop with Barbara Watson, a teacher at Visitacion Valley Middle School, during the Science & Health Education Partnership (SEP) program's annual kick-off. The two are new partners for this year's program, which will help teachers maintain quality science and health education in the public schools and help teachers and students keep abreast of scientific and medical advances. This is the fourth year of the program. For further information call 476-0300.

"If I Were a Thief" Program

It usually takes about three seconds to get "ripped off." Whether it be a purse from your desk, a backpack you left momentarily outside the bathroom door or a gift in an unlocked closet.

The UCSF Police Department is helping to prevent thefts on campus in a variety of ways. One is a preventive program called "If I Were a Thief." Members of the Police Department are patrolling corridors of the entire campus looking out for potential thefts. When they find something unattended that could easily be ripped off, they are tagging it with a yellow sticker which reads "If I Were a Thief." In addition, they are sending a note to the department head.

Meanwhile, many of our police officers have turned into surgeons and other health professionals. They are in undercover gear in areas on and off campus sites trying to stop pickpockets before they relieve you of your cash.

On another level: is all of that valuable hospital and laboratory equipment in your department properly marked with UCSF identification? If not, many of those items easily could be stolen. The Crime Prevention Unit will work with your department to etch the equipment with an easily traceable number.

A crime prevention presentation can be scheduled for your department. Why not give a call to either Sgt. Jerome Graham at 476-8901 or Christine Yee at 476-5683. Look to the next issue of *Newsbreak* for a story on the Police Department's full crime prevention program, including installation of a new alarm system, plus safety tips for the upcoming holidays.

Ethics Symposium for Ob/Gyn Foundation Day Nov. 12

The eighth annual Ob/Gyn Research and Education Foundation Day will be held on Monday, November 12, at 5 p.m. at the Faculty/Alumni House. The seminar, entitled "Pursuit of Parenthood: New Options, New Questions, Challenging Ethical Issues," and reception honors the supporters of the Foundation. It is open to all ob/gyn faculty and guests.

UCSF speakers will include ob/gyn ethicist Nancy Milliken, who will discuss the dilemmas unique to a specialty where the doctor has two patients—the mother and the baby. IVF program director Mary Martin will discuss how physicians and parents perceive new reproductive technologies.

Mitchell Golbus will discuss the ethical considerations involved in fetal surgery. Golbus, with colleagues Michael Harrison and Roy Filly, pioneered in-utero surgery in 1981, and this year reported the first successful correction of a usually fatal lung defect. This group also just last month reported a successful in-utero surgery to remove a lethal tumor from the lung of a five-month old baby girl.

For further information on the program, call Susan McGuire at 476-2564 or Jane Meyer at 725-1366.

Ron Brown, Golf Champ



CVRI's Ron Brown (right) is the UCSF Golf Club champion for 1990, winning the club's Bart Patch Trophy with a decisive, aggregate score of -19. Keith Mobbs is the runner-up with a -12, and Jerry Wilkinson and Restorative Dentistry's John O'Connor tied for third at -8. Pictured with Ron is Golf Club president (and Bart Patch winner for the past couple of years at least) Alan Kinghorn of the School of Pharmacy. How to join the club? See "Fun Zone" on page six.



Thank You Dr. Scholten

Paul Scholten (left) of the recently dissolved Public Health League of California presented Chancellor Krevans with a check for over $65,000 to be used by the Schools of Medicine and Dentistry. Scholten, a '51 School of Medicine graduate who now directs Women's Services at SF State, made an impassioned plea to his colleagues for the leftover money from the organization to be donated to UCSF.

New Book on HIV Prevention Strategies

A diverse group of some 35 activists, educators, health experts and scientists in San Francisco has written a book for individuals who will be designing and implementing HIV prevention strategies in their communities.

Ending the HIV Epidemic: Community Strategies in Disease Prevention and Health Promotion is a 164-page book aimed at public health leaders, community organizers, policymakers, community agency directors and health educators. It is a joint effort of the SF AIDS Foundation, the UCSF Institute for Health Policy Studies, and the UCSF Center for AIDS Prevention Studies.

"It is a book about San Francisco's efforts to develop HIV prevention strategies in different communities," says Steven Petrow, an author and a consultant to the AIDS Foundation, who edited the book with Pat Franks of UCSF and Timothy R. Wolfred, former executive director of the AIDS Foundation.

Ending the HIV Epidemic is the result of a unique collaboration between individuals and organizations who worked and struggled to prevent the spread of HIV in San Francisco in the 1980s. It includes first-hand information on what worked and didn't work in San Francisco.

"From a policy standpoint, the most powerful message of the book is that successful HIV prevention strategies are always collaborative strategies," says Phil Lee, director of our Institute for Health Policy Studies.

Farrell Memorial Lecture Nov. 14

UCSF psychiatrist Mardi Horowitz will discuss "The Siddhartha Complex" at a memorial lecture for Dennis Farrell on Wednesday, November 14, at 5 p.m. in the LPPI Auditorium.

Farrell was a clinical professor of psychiatry, who died in 1987. He was interested in lifelong development of the self. At the time of his death he was in the middle of writing a book on the psychological history and creative evolution of author Herman Hesse. Hesse's novels, including *Siddhartha*, deal with issues of self development and the conflict between the self and society.

The lecture is sponsored by the Department of Psychiatry's Alumni-Faculty Association. A reception for family, friends and colleagues will be held following the lecture in the LPPI staff lounge.

UCSF *Newsbreak*

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Deadline for the next issue, which will cover November 24-December 14, 1990 (three weeks), will be on **Friday, November 9, at 11 a.m.** Please send campus news copy to Allen Balderson, Medical Center news to Dawn Finch, and calendar and gazette items to Michele Firpo, all at Box 0462. Last-minute copy can be taken over the telephone by calling 476-1541 or 476-2557.

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Jeff Miller, principal publications coordinator

Michela Reichman, Assistant Chancellor—Communications

Gazette

Honors & Awards



Weiss

Sandra J. Weiss: Elected vice president of research, American Heart Association, SF Division, and received the AHA's Gold Medallion for Distinguished Contributions. She also has been appointed to the California Heart Association's research committee, which establishes statewide research policy and determines funding for research grants and postdoctoral fellowships. Weiss is professor, mental health, community & administrative nursing.

Edwin F. Rosinski: Awarded the Merrel Flair Award of the Association of American Medical Colleges for his outstanding contributions to the field of medical education. Rosinski is professor, medical education; director, Office of Medical Education.

Oscar Salvatierra: Reelected to a second six-year term on the International Transplantation Society's board of directors and named chair of its Presidential Advisory Committee. He also recently was named chair of the NIH National Kidney & Urologic Diseases Advisory Board, of which he has been a member for four years. Salvatierra is professor, surgery & urology; chief, Kidney Transplant Service.



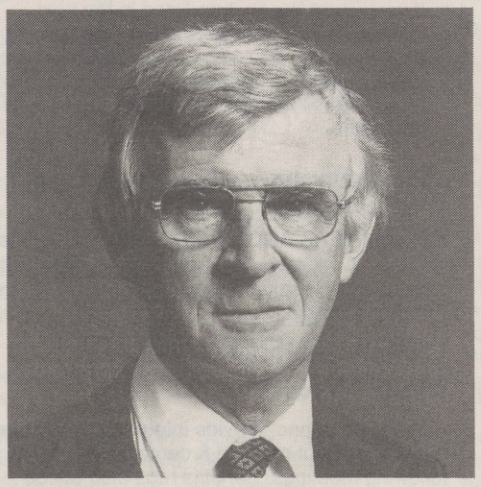
Mehrali

Mark C. Mehrali: Elected to serve as one of the American Student Dental Association's two vice presidents for 1990-91 at the ASDA's 20th annual session in September in New Orleans. He has been actively involved with the Association since 1987. Mehrali is a senior in the School of Dentistry.

Charles B. Wilson: Honored guest at the 1990 Congress of Neurological Surgeons in October in Los Angeles, where he delivered presentations on glioblastomas, cryptic vascular malformations and endocrine-inactive pituitary adenomas. Wilson is professor & chair, neurosurgery; chief, Brain Tumor Research Center.

Roger P. Simon: Elected to faculty membership in Alpha Omega Alpha, the medical honor society, in recognition of his scholarship and outstanding contributions to medical education practice and science. Simon is professor, neurology; chief, neurology services, SFGH.

George Fein: Appointed a Veterans Administration associate research career scientist for five years. Fein is professor, medical psychology & psychiatry.



Lee

Philip R. Lee: Named Distinguished Internist of 1990 by the American Society of Internal Medicine for his outstanding contributions to the social and economic aspects of internal medicine. Lee chairs the Physician Payment Review Commission, which advises Congress and the Department of Health & Human Services on issues related to paying for our nation's health care. A former chancellor, Lee now is professor, social medicine & medicine; director, Institute for Health Policy Studies.



Hinman

Frank Hinman, Jr.: Awarded the seventh Urology Medal by the American Academy of Pediatrics Section on Urology in recognition of outstanding contributions to the field of pediatric urology. Also, at the American Urological Association Western Section's annual meeting in October he won the Grand Award for his poster session and was designated the first Distinguished Member. Hinman is clinical professor, urology.

In Memoriam

Elise Stern Haas: The first woman president of Mount Zion Hospital & Medical Center from 1938-1940. As president, she established the Harold Brunn Institute, one of the country's first research departments based in a general hospital, and brought Meyer Friedman to Mount Zion, contributing substantial financial support for his internationally recognized Recurrent Coronary Prevention Program. In addition to her accomplishments as president, Haas, along with her husband, Walter Haas, Sr., gave generously of their time and money in support of innovative research and community health care at Mount Zion. Their support helped make possible the cell biology research lab and the San Francisco Institute on Aging.

Publications

Charles J. Epstein: Co-editor, *Molecular Genetics of Chromosome 21 & Down Syndrome* (Wiley-Liss, NY, 1990). Epstein is professor, pediatrics & biochemistry & biophysics.

Jeanie Kayser-Jones: Author, *Old, Alone & Neglected: Care of the Aged in the United States* (UC Press, Berkeley, 1990). Kayser-Jones is professor, physiological nursing & medical anthropology.

Winifred Star, Lisa Lommel & Yolanda Gutierrez: Co-authors, *Ambulatory Obstetrics: Protocols for Nurse Practitioners/Nurse-Midwives (2nd Edition)* (UC Press, 1990). Star & Lommel are assistant clinical professors; Gutierrez, associate clinical professor, all family health care nursing.



American College of Rheumatology Awards

Arthur Weiss (left) and Gary Koretzky have won two prestigious awards from the American College of Rheumatology. Weiss received the Henry Kunkel Young Investigator Award for his research on the structure and function of T cells as infection fighters and how they relate to rheumatic diseases. Koretzky received one of the ACR's Senior Scholar Awards, which are given to outstanding senior clinical research fellows in their final year of rheumatology training. His studies focus on the role of T lymphocytes as infection fighters in immune responses. Weiss is associate professor, medicine; chief, rheumatology. Koretzky is an instructor in the Department of Medicine and a Rosalind Russell Arthritis Research Center scholar.



Three RWJ Clinical Scholars on Campus

Miriam Shuchman, Anthony So and Robert St. Peter (left to right) have joined the Robert Wood Johnson Foundation Clinical Scholars Program under the direction of Bernard Lo, co-director of the joint UCSF/Stanford program. Shuchman is a psychiatrist and medical journalist researching the ethical and policy issues surrounding the development of new drugs. So, an internist, is interested in policy and practice guideline issues surrounding hypercholesterolemia and genetic screening. His is a matched funds grant through the VAMC. St. Peter is a pediatrician interested in primary health care programs for high-risk children, especially access to care and the effectiveness of care. All three are on campus through 1992. Lo also is director of the Program in Medical Ethics and associate professor, medicine.



Exploratorium to Honor Bishop & Varmus

The Exploratorium will present the 1990 Director's Award on Tuesday, November 13, to virologists J. Michael Bishop and Harold E. Varmus, joint recipients of the 1989 Nobel Prize in Medicine, for discovering that the seeds for cancer are in our own genes. The Exploratorium's choice reflects the impact modern biology and biotechnology will have in the next century and also the significant role the Bay Area's science community will play in the future. The award will be presented at the 14th Annual Awards Dinner, the Exploratorium's premiere fundraising event.

Today/Tomorrow

10 Saturday

ANESTHESIA GRAND ROUNDS. HSW 301. 8-10 a.m.

SURGERY GRAND ROUNDS: *New Immunosuppressive Agents.* Nancy Ascher, Surg. & Liver Trans. Serv. Followed by M&M conference. Toland Hall. 8:30 a.m.

UROLOGY GRAND ROUNDS: *The Use of Contrast Media in Renal MR Imaging.* Hedvig Hricak, Uro. HSW 302. 8:30-10:30 a.m. Preceded by case presentations.

ESTATE & FINANCIAL PLANNING SEMINARS

The UCSF Foundation invites alumni, faculty, staff & friends to attend three 1990 Estate & Financial Planning Seminars. Call 476-1475.*

- Sat., Nov. 10: *Emerging Trends & Opportunities in the Investment World.* Day-long workshop with keynote speaker Brian Banmiller, KTVU business editor/anchor, and many others. UCSF-Laurel Heights Conf. Cntr. 8:30 a.m.-4:30 p.m.
- Wed., Nov. 14: *Tools for Estate Planning.* Marita K. Marshall, attorney, Bronson, Bronson & McKinnon, discusses wills & living trusts, plus titling, retirement plan benefits & taxes. Law Offices, Bronson, Bronson & McKinnon, 505 Montgomery St., 4th fl. 5:30-7:30 p.m.
- Thurs., Nov. 29: Same program as Wed., Nov. 14. MU Conf. Cntr. 7-9 p.m.

GREAT EXPECTATIONS PROGRAMS FOR PARENTS: *Sharing Your Life With Children: Balancing the Needs of Each Family Member.* Psychotherapists Leah Potts Fisher & Bruce Linton lead discussion for this, the last of a six-part "Growing Family" series. $5 individual/couple. S 118. 9 a.m.-noon. Call 476-6667.*

JAPANESE FLOWER ARRANGING NOV. 10 & 17

Ikebana for the Holidays. Kosho Dixon teaches this two-session workshop on the Japanese art of flower arrangement. $30. N 417. 10 a.m.-1:30 p.m. Call 476-5836 for list of items to bring.*

ASIAN/PACIFICA WOMEN AT THE GAY GAMES

Premiere: Asian/Pacifica Women at the Celebration '90 Gay Games. Eileen Lee & Marilyn Abbink premiere their video documentary on the exploits of Asian/Pacifica women athletes at the Gay Games in Vancouver in August. Donation $5-$10. Toland Hall. 7:30-9:30 p.m. Call 476-0400 for information.*

12 Monday

BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms—x-rays to screen for breast cancer—from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physicians to have the mammogram. The procedure takes approximately 20 minutes & costs only $50. To make an appointment call 476-2193 between 9 a.m. & 3 p.m.

The van will be at the following locations for the next two weeks:

- Nov. 12: Palo Alto Senior Center. Call Ellen Dietrick at 327-2811 for appointment.
- Nov. 13-16: Foothill College & Middlefield College. Call Diane Glasier at 949-7243 for appointment.
- Nov. 19-21: Civic Center. On McAllister St. between Larkin & Polk Sts.
- Nov. 22-23: Closed for Thanksgiving.

A $50 mammography screening also is available at the Mount Zion radiology department. Call 885-7710.

FACULTY/STAFF ART SHOW NOV. 12-13

Art on display both days from 8 a.m.-6 p.m. Opening wine & cheese reception features several campus ensembles, including the new UCSF Non-Marching Band, the Sunset Jazz Band & the Vocal Chords. 5-7 p.m. on Nov. 12. MU Conf. Cntr. (See page 6 for details.) *

OTOLARYNGOLOGY GRAND ROUNDS: *Role of Pressure Equalization Tubes.* Gregg S. Parker, Oto., Naval Hosp., Portsmouth, VA. *Cochlear Implant Update.* Robert A. Schindler, Oto. S 214. 8-10 a.m.

DON'T MISS THE EARLY DEADLINE

If you would like an item listed in the next calendar, which covers Nov. 24-Dec. 14 (three weeks), it must be received in our office in writing by **Fri., Nov. 9**, at 11 a.m. Send your copy to Michele Firpo, Box 0462, or call 476-1541.

VAMC NEURORADIOLOGY ROUNDS. 2A56, VAMC. 8:30-10 a.m.

OVEREATERS ANONYMOUS MEETING: The "H.O.W." Concept. A more structured approach to over-eating. Speaker & discussion. N 417. Noon. Call Lia, 476-4251.*

OPEN ENROLLMENT MEETINGS

Benefits personnel provide information & answer questions about medical & dental plans at the following meetings. Benefits reps also will be available one hour before & immediately following each meeting (except the Mt. Zion meeting) to answer questions.

- Mon., Nov. 12: Mt. Zion, dining rooms 2 & 3. Noon-4 p.m.
- Wed., Nov. 14: HSW 302. Noon-1 p.m.
- Thurs., Nov. 15: Toland Hall. 5-6 p.m.
- Fri., Nov. 16: VAMC, Bldg. 203, 3rd fl., Rm. 3 B 66. Noon-1 p.m.
- Tues., Nov. 20: S 1364. Noon-1 p.m.

MEDICINE DEAN'S RESEARCH SEMINAR

Hepatocellular Carcinoma: A Virus-Induced Human Cancer. Alan P. Venook, CRI; Donald Ganem, Microbio. & Med. HSW 300. 3:30-5 p.m.

TOXICOLOGY SEMINAR: *Effect of Air Pollution on Public Health.* Tibor Varkonyi, Air Hygiene, Nat'l. Inst. Hlth., Budapest, Hungary. S 214. 4 p.m.

URORADIOLOGY CONFERENCE. M 464. 5-6 p.m.

OB/GYN ETHICS SYMPOSIUM

Pursuit of Parenthood: New Options, New Questions, Challenging Ethical Issues. Multiple speakers commemorate the 8th annual Ob/Gyn Res. & Educ. Fndt. Day. Reception to follow. Fac. Alum. House. 5 p.m. Call Susan McGuire at 476-2564 or Jane Meyer at 725-1366 for information. (See story on page 2.)

13 Tuesday

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: *Oral Manifestations of Vesiculo-Bullous Diseases.* Troy Daniels, Oral Path. C 701. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Genital Malformations.* Ped. Uro., SFGH. Carr Aud., SFGH. 8:30-9:30 a.m.

NEW EMPLOYEE ORIENTATION: S 214. 8:30 a.m.-noon. Call Lenard Florendo at 476-1073 to schedule.

TRANSFUSION RESEARCH FORUM: *Urine HIV Antibody Testing: Implications for Pathogenic Mechanisms in HIV Infection.* Howard Urnovitz, Calypte Biomedical Corp. L 535. 8:30 a.m.

OB/GYN GRAND ROUNDS. S 1364. 9 a.m.



TO SNARL OR NOT TO SNARL?

Resolving Conflicts with Your Ex. Psychotherapist Joanne Martin Braun discusses the dynamics of communicating with former partners. C 130. Noon-1 p.m. Call 476-0400 for information.*

BAY AREA WOMEN IN THE MARKETPLACE: Risa Martyn, president, CommuniComp graphic design, presents a lecture in an ongoing series featuring successful Bay Area women entrepreneurs. Sponsored by Campus Tours/Speakers Bureau & Women's Resource Cntr. HSW 303. Noon-1 p.m. Call 476-4394.*

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

GERIATRIC GRAND ROUNDS: *Common Legal Problems of the Frail Elderly & Their Families.* Bruce Feder, Jr., lawyer. Herbst Hall, Mt. Zion. Noon-1 p.m.

VAMC EEG READING SESSION. Bldg. 203, Rm. 2A49, VAMC. 3 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

BIOCHEMISTRY & BIOPHYSICS SEMINAR: *Transcriptional Activation of Heat Shock Genes.* John Lis, Biochem. & Mol. & Cell. Bio. HSW 301. 4 p.m. Student lunch with speaker at noon in S 980. Sign up in S 962.

NEUROLOGY GRAND ROUNDS: *Young Adults—Old Dilemmas—New Strokes.* John Engstrom, Neuro. S 664. 5-6 p.m.

CELEBRATE WITH FAMILY HOUSE

Family House, which provides care & housing for families of children receiving cancer treatment at UCSF, invites everyone to celebrate 10 years of accomplishments. SF 49er game balls will be presented to three children by players Keena Turner & Eric Wright. 50 Irving St. (2nd Ave. & Irving). 6:30-9:30 p.m. (See story on page 8.)*

14 Wednesday

PLASTIC SURGERY GRAND ROUNDS: *Cutaneous Carcinoma.* Philip Trabulsy, Plast. & Recon. Surg. Toland Hall. 7 a.m.

SFGH ORTHOPEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call coordinator Barbara Blakely, 476-1662.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Headaches: Current Concepts.* Neil Raskin, Neuro. SFGH, Bldg 30, 5th fl. 8-9 a.m.

DERMATOLOGY CONFERENCE: *Psoriasis.* John Koo, Derm. HSW 301. 8-9 a.m.

ENDOCRINE GRAND ROUNDS: *Pancreas Transplantation in Diabetes: 1990 Update.* Juliet Melzer, Surg. M 1486. 8:30 a.m.

CORNEA LECTURE SERIES. Harry Hind Library, 95 Kirkham St. Noon.

BROWN BAG LECTURE SERIES: *Society of Six.* Nancy Boas, artist, art historian & author. HSW 300. Noon-1 p.m. Call 476-4394.*

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

ALCOHOLICS ANONYMOUS MEETING: All are invited. UCSF-Mission Center (MCB), Rm. 300C. 12:05 p.m.*

PSYCHIATRY GRAND ROUNDS: *Prospects for a Rational Pharmacotherapy of Alcoholism.* Roger E. Meyer, Psychr. & Alcohol Res. Cntr., Conn. Med. Schl. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. A 723. 1 p.m.

SEMINARS IN BIOLOGY: *Transcriptional Controls in Glial Differentiation & Myelination.* Gregg Lemke, Mol. Neurobio., Salk Inst. HSW 300. 4 p.m.

PSORIASIS CENTER OPEN HOUSE

Health care professionals are invited to the Psoriasis & Skin Treatment Cntr. open house. Refreshments will be served. 515 Spruce St., two blocks from Children's Hosp. 4-8 p.m. Free parking at UCSF-Laurel Heights. Call 476-5290 or 476-4701 for information. (See story on page 8.)*

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

DENNIS FARRELL MEMORIAL LECTURE

The Siddhartha Complex. Mardi Horowitz, Psychr. LPPI Aud. 5 p.m. Followed by reception in LPPI Staff Lounge. (See story on page 2.)

UROPHYSIOLOGY CONFERENCE. M 464. 5-6 p.m.

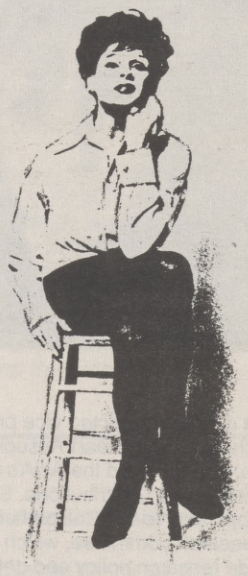
PATHOLOGY GRAND ROUNDS: Resident Case Presentations. HSW 508. 5:30-6:30 p.m.

GREAT EXPECTATIONS PROGRAMS FOR PARENTS: *Working Women & Nutrition During Pregnancy.* Lynne Lyons, Nutr. Ob., leads discussion for the fourth in the six-part series "Working Pregnant." $5 individual/couple. MU Conf. Cntr. 7-9 p.m. Call 476-6667.*

*Open to the public.

SAN FRANCISCO HISTORY CLASS: Meets every Wednesday through Dec. 12. Led by Charles Fraccia, SF Historical Society. Toland Hall. 7:30-9:30 p.m. Call 567-2725 for information.*

OUTDOORS UNLIMITED SLIDE PRESENTATION: *Cross-Country Skiing Alaskan Glaciers.* Learn about glacier dynamics while enjoying mountainous panoramas. HSW 300. 7:30 p.m.*



AIDS HEALTH PROJECT BENEFIT

An Intimate Evening with Judy Garland. Master illusionist Jim Bailey performs to benefit the UCSF AIDS Health Project. Plush Room, 940 Sutter St. 8 p.m. Call 885-6800 for information. (See story on page 2.)*

15 Thursday

MEDICINE GRAND ROUNDS: *CPC.* Edward Harris, Med., Stanford. Toland Hall. 8-9 a.m.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. 4H2, SFGH. 8-9 a.m.

PEDIATRIC GRAND ROUNDS: *Current Controversies in Child Sexual Abuse.* Kevin P. Coulter, Ped. S 664. 8:30-9:30 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *Refraction Corneal Surgery Update.* Perry Binder, Oph. Preceded by case presentations: *Pediatric Ophthalmology.* S 214. 8:30-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES: *Low Back Pain & Joint Exam.* Nancy Byl, Phys. Ther. A 455. 10 a.m.-noon.

CLINICAL PATHOLOGY CONFERENCE. HSE 317. 10-11 a.m.

HOLIDAY CRAFT FAIR NOV. 15-16

EMPACT!'s first holiday crafts fair featuring handmade crafts by UCSF employees. Food & entertainment. MU Conf. Cntr. 11 a.m.-2 p.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

HEALTH SCIENCE & THE COLD WAR

The Long Shadow: Sex, Gender & Disease in Cold War America. Geoffrey Smith, Hist., Queens U, Kingston, Canada. Sponsored by Hist. Hlth. Sci. U 456. Noon.

ORAL BIOLOGY 220 SEMINAR SERIES: *Bone: Modeling & Remodeling.* Arnold J. Kahn, G & D. S 664. Noon.

MEDICAL ANTHROPOLOGY SEMINAR: *Cultural Construction of Psychiatric Practice in India & the US: Impressions from the Field.* Michael Nunley, Med. Anth. Laguna Honda Schl., Rm. 218. Noon-1 p.m.

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

ORTHOPEDIC SURGERY STAFF CONFERENCE. A 630. 4-5 p.m.

PRIMARY CARE GRAND ROUNDS: *Management of Primary & Recurrent Vaginitis.* Michael Policar, Ob/Gyn. A 455. 4:30 p.m.

ADAMS LECTURE

Vascular Compression of the Eighth Nerve in the Cerebellopontine Angle. Will the Eighth Nerve Once Again Belong to the Neurosurgeon? Peter J. Jannetta, Neurosurg., U Pittsburgh. Sponsored by Dept. Neurosurg. HSW 302. 5-6 p.m.

November 10-23, 1990

RADIATION ONCOLOGY GRAND ROUNDS: *A Comprehensive Review of Breast Irradiation Techniques, With Recommendations.* Barby Pickett, Rad. Onc. L 34. 5 p.m.

RADIOLOGY GRAND ROUNDS: *Short Course in Carotid Color Doppler.* Virginia Griswold, Rad., VAMC. HSW 301. 5:15-6:15 p.m.

COLE HALL CINEMA: *Dick Tracy.* Children under 14 $2; UCSF students & MU members $2.50; students, seniors & UCSF employees (today only) $3; general $3.50. Cole Hall. 5:45 & 8 p.m.*

PLASTIC SURGERY LECTURE/DINNER MEETING: *Divine Proportion for Aesthetic Surgery.* Ernest Kaplan, Surg., Stanford. Dinner 6 p.m. Lecture 7 p.m. For reservations call 476-3061.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A 222. 6 p.m.*

UROLOGY JOURNAL CLUB: 35 Redwood Dr., Hillsborough. 6:30 p.m. Call 343-6092.

16 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 8 a.m.

CHILD & ADOLESCENT PSYCHIATRY CONFERENCE: *Mood Disorders in Adolescents: Diagnostic & Treatment Issues.* Michael Strober, Psychr., Adol. Mood Disorder Prog. & Teenage Eating Disorder Prog., UCLA. LPPI Aud. 10:10-11:30 a.m.

PHARMACEUTICAL CHEMISTRY SEMINAR: *Design & Conformational Analysis of Small Molecule Mimics of Proteins.* Jeffrey M. Blaney, Protos Corp. S 1364. 11 a.m.

ALCOHOLICS ANONYMOUS MEETING: All are invited. HSE 336. Noon-1 p.m.*

PATHS OF HEALING & WHOLENESS SEMINAR: *Alleviate Stress & Disease.* Meir Schneider, Cntr. for Self-Healing. N 721. Noon. Call Marie Lehrer at 476-3939 for information.*



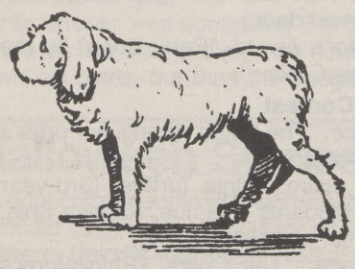
COLE HALL CINEMA: *Dick Tracy.* Children under 14 $2; UCSF students & MU members $2.50; students & seniors $3; general $3.50. Cole Hall. 6:30 & 8:45 p.m.*

17 Saturday

ANESTHESIA GRAND ROUNDS. HSW 301. 8-10 a.m.

COUNSELING THE SERIOUSLY ILL NOV. 17-18

Psychoneuroimmunology: Counseling People Challenged with Life-Threatening Illness. O. Carl Simonton, Simonton Cancer Cntr. Designed to help health care professionals understand recent breakthroughs in mind/body interaction as it relates to serious illness. Sponsored by UCSF Inst. Healing Arts & Sciences. Vagabond Inn, 2550 Van Ness. 9 a.m.-5 p.m. Call 621-5683 for fee & registration information.*



LOW VISION FORUM: *My Life, Bell (My Seeing Eye Dog) & Sally Stanford.* Jim Stasch, blind since age three, reveals his checkered career. A series of forums held on the first & third Saturdays of each month. Clinical Eye Res. Bldg., 374 Parnussus. 11 a.m.-1 p.m. Call Frances Neer at 626-5313 for more information.*

19 Monday



OTOLARYNGOLOGY GRAND ROUNDS: *Epistaxis & the Use of Salt Pork.* Kevin E. Kelly, Oto. S 214. 8-10 a.m.

VAMC NEURORADIOLOGY ROUNDS. 2A56, VAMC. 8:30-10 a.m.

VAMC NEUROPATHOLOGY CONFERENCE. 2A56, VAMC. 10:10-11 a.m.

DERMATOPHARMACY/DERMATOTOXICOLOGY SEMINAR: In Vitro *Percutaneous Absorption.* William Reifenrath, Cutaneous Hazards, Letterman Army Inst. for Res. HSE 733. 12:10-1 p.m.

OVEREATERS ANONYMOUS MEETING: The "H.O.W." Concept. A more structured approach to over-eating. Speaker & discussion. N 417. Noon. Call Lia, 476-4251.*

LABORATORY MEDICINE GRAND ROUNDS: *New Methods for Brain Tumor Treatment.* Philip H. Gutin, Neurosurg. & Rad. Onc. L 535. 4-4:50 p.m.

URO-ONCOLOGY CONFERENCE. M 646. 5-6 p.m.

20 Tuesday

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: *Pre-Prosthetic Surgery.* Richard Gongloff, Oral & Max. Surg., VAMC. C 701. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Pediatric Neurosurgical Topics.* Philip Cogen, Neurosurg. Carr Aud., SFGH. 8:30-9:30 a.m.

GERIATRIC GRAND ROUNDS: *Peptic Ulcer Disease in the Elderly.* Jim Grendell, Med., GI Unit & Physio. LPPI Aud. 8:30-10 a.m..

TRANSFUSION RESEARCH FORUM: *Regulation of HIV Genes.* Matija Peterlin, Med.. L 535. 8:30 a.m.

OB/GYN GRAND ROUNDS: *A Review & Analysis of the 1990 Institute of Medicine Report on Nutrition During Pregnancy.* Janet King, Nutr. Sci., UCB. S 1364. 9 a.m.

PEDIATRIC NEURORADIOLOGY CONFERENCE. HSE 317. 9 a.m.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

A TASTE OF ETHIOPIAN FOOD

UCSF Friends of Ethiopia invite you to sample the delicate spices of Ethiopian "wat" and "alecha," plus much more, at this food sale to benefit the SF Ethiopian Refugee Cntr. Med. Sci. Lobby, 2nd fl. 11:30 a.m.-1:30 p.m. Call Dan Kahsai at 664-8716 for information.*

BROWN BAG LECTURE SERIES AT MOUNT ZION: *Woman & Anger: How to Recognize & Use Anger Effectively.* Karen Johnson, Psychr., Mt. Zion Med. Cntr. & Bay Spring Women's Med. Group. Herbst Hall. Noon. Call 476-4394 for information.*

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

CIVIL RIGHTS IN THE '90s

Building a Rainbow Civil Rights Movement in the '90s. Eva Jefferson Paterson, Lawyers Comm. for Urban Affairs, focuses on the agendas we need to set to realize our visions of the future in this lecture/discussion. Toland Hall. Noon-1 p.m. Call 476-0400 for information.*

VAMC EEG READING SESSION. Bldg. 203, Rm. 2A49, VAMC. 2:30 p.m.

BIOCHEMISTRY & BIOPHYSICS SEMINAR: *Structural & Functional Organization of the Human Sex Chromosomes.* Larry Shapiro, Biochem., UCLA. HSW 301. 4 p.m. Student lunch with speaker at noon in S 980. Sign up in S 962.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

NEUROLOGY GRAND ROUNDS: *Alcohol & the Nervous System.* Ivan Diamond, Neuro., Ped., Pharm. & Gallo Cntr. S 664. 5-6 p.m.

21 Wednesday

COMBINED PLASTIC SURGERY/ORTHOPEDIC HAND SURGERY: *Carpal Instability.* G. Stewart Campbell, Hand & Microsurg., Ortho. Toland Hall. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call coordinator Barbara Blakely, x61662.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *The Continuing EMF Controversy.* Raymond Neutra, Dept. Hlth. Serv., Berkeley. A 455. 8-9 a.m.

CORNEA LECTURE SERIES. Harry Hind Library, 95 Kirkham St. Noon.

BROWN BAG LECTURE SERIES: *Tomorrow's Physicians.* Rudi Schmid, Med. & Intl. Relations. HSW 300. Noon-1 p.m. Call 476-4394.*

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

ALCOHOLICS ANONYMOUS MEETING: All are invited. UCSF-Mission Center (MCB), Rm. 300C. 12:05 p.m.*

HEAD & NECK TUMOR CONFERENCE. A 723. 1 p.m.

SFGH GI MEDICINE/SURGERY PATIENT CARE CONFERENCE. Rm. 4H2, SFGH. 4:30 p.m.

PEDIATRIC UROLOGY CONFERENCE. M 464. 5-6 p.m.

SAN FRANCISCO HISTORY CLASS: Meets every Wednesday through Dec. 12. Led by Charles Fraccia, SF Historical Society. Toland Hall. 7:30-9:30 p.m. Call 567-2725 for information.*

22 Thursday

Happy Thanksgiving!

DEVELOPMENT & TRAINING

For further information call 476-4032.

Materiel Management Workshop. Thurs.-Fri, Nov. 15-16. 8:30 a.m.-12:30 p.m. $15.

Supervising in the Workplace: Administering Consistent & Appropriate Discipline. Tues., Nov. 27. 8:30 a.m.-noon. $10.

How to Manage AIDS Issues in Your Department. Wed., Nov. 28. 9-11:30 a.m. $15. (New course.)

Coping with Difficult People. Thurs., Nov. 29. 8:30-4:30 p.m. $30.

Contracts & Grants Workshop. Tues., Dec. 4. 9 a.m.-noon. $10.

Stress Management. Wed., Dec. 5. 8:30 a.m.-noon. $15.

Writing & Editing Professional Journal Articles. Wed., Dec. 5, 12, 19. 1-4 p.m. $25.

Survival Skills for the Administrative Assistant. Thurs., Dec. 6, 13, 20. 8:30 a.m.-noon. $35.

Telephone Communication Skills Training. Tues., Dec. 11. 1-4 p.m. $10

Cost Transfers. Tues., Dec. 18. 9 a.m.-noon. $10.

Interview & Selection for Supervisors & Managers. Wed., Dec. 19. 8:30 a.m.-12:30 p.m. $15.

CONTINUING EDUCATION

MEDICINE

For program information call 476-4251, registration 476-5808 unless otherwise noted.

Preventing Malpractice in Emergency Medicine. Pan Pacific Hotel, Anaheim. Nov. 15-16.

New Discoveries in Neo-Natal Cognition: Heightening the Child's Physical & Psychological Health. Cole Hall. Sat., Nov. 17.

Recent Advances in Occupational Cancer. Sheraton Palace Hotel, SF. Dec. 6-7.

Stabilization & Management of the Critically Ill Child. Hyatt Regency, Embarcadero. Dec. 8-9.

Clinical Care of the AIDS Patient. Hyatt Regency, Embarcadero. Dec. 10-11.

New Ideas on Common Retinal Disorders. Grand Hyatt on Union Square. Dec. 13-14.

DENTISTRY

For further information call 476-1101.

Esthetic Restorative Dentistry. C 701. Nov. 10.

Etched, Bonded Porcelain Restorations: Inlays, Onlays & Veneers. C 701. Dec. 1.

PRONUNCIATION CLASS

Improve Your English Pronunciation. A course for non-native speakers of English, sponsored by the UCSF Audiology & Speech Clinic. Small group discussions & individual teaching. Beginning & advanced, group rates available. Call Alicia Henderson, 476-5101.

AIDS/ARC/HIV+ SUPPORT

Anonymous & confidential caring, support & training for people with AIDS or ARC, those who have tested HIV positive & others affected by the epidemic. Sponsored by UCSF AIDS Health Project. Call 476-6430.*

Individual Risk Assessment & Referrals. By appointment.

Facilitated 8-week Groups. For anyone affected, at risk or infected.

Drop-in Group for the Recently Tested.

Positives Being Positive. Support groups in the community meet regularly. Call 476-3902.

Living with HIV. Public forums every other month.

WOMEN'S RESOURCES

Sponsored by UCSF Women's Resource Center unless otherwise noted. Call 476-0400.

GROUPS

Ongoing drop-in groups for women.

Asian/Pacific American Women's Group. C 130. Every Fri.

Women Living with Life-Altering Illness. C 517. Every other Monday.

Lesbian Lunch Group. C 213. First & third Mon. of each month.

Latin Women Coalition. S 30. Call for dates.

Circle of Sisters. Black women's group. L 535. Every Fri.

Support Group for Divorced & Separated Women. C 130. Every Tues.

RAPE PREVENTION

Classes, workshops & support groups sponsored by UCSF Rape Prevention Program. Call 476-0400 for information.

Personal Safety, Rape & Assault Prevention Presentations. By appointment to campus departments & employees in the workplace.

Support Group for Sexual Assault Survivors. Twelve consecutive weekly sessions, 5:30-7 p.m. on a day to be arranged. $5-$25 sliding scale.

CRIME PREVENTION

Presented by UCSF Police Department Crime Prevention Program. Call 476-5683 for information & reservations.

Crime Prevention Presentations. By appointment to campus departments & employees in the workplace.

Tear Gas Class. Sat., Nov. 17. Department of Justice certified. Personnel Conference Rm., 1350-7th Ave. 6-9 p.m. $20. Pre-registration required.*

CPR TRAINING

Basic CPR. A 3-4 hour course in basic cardio-pulmonary resuscitation sponsored by the UCSF CPR Center. For information & registration call 476-1817.*

CPR Road Show. Traveling CPR instruction by volunteer instructors sponsored by the UCSF Center for Pre-Hospital Research & Training. For more information call Laura, 476-8502.*

HELP ELIMINATE SCHEDULING CONFLICTS

In order to help the campus avoid conflicts in scheduling important events, the News & Public Information Services Department has a computerized calendar. It is suggested that faculty, students & staff call 476-1541 when they are planning an event to make sure nothing has been scheduled for that date. Please note that in order to reserve campus conference rooms & auditoriums, it is still necessary to call Millberry Union at 476-2571, Room Reservations at 476-4436, Faculty/Alumni House at 476-4723, Laurel Heights at 476-8100 or the individual school or department.

Benefits/Personnel

Open Enrollment Ends November 30; Plenty of Information Sessions Left

If you're planning to make changes in your medical, dental, optical, legal, dependent life and/or Depcare enrollment status, you have until the end of November to get your forms turned into Campus Accounting, Box 0812; or the Benefits Office, Box 0918. Your department's benefits rep can supply the forms you need.

If you're interested in learning about the options available during Open Enrollment, one good source is the material that should have arrived in your home mail from the systemwide benefits office.

There also are several Open Enrollment information sessions you can attend. On the following dates, staff from the Benefits Office will provide information and answer questions about each plan available during Open Enrollment. Staff will be available an hour before and after the meetings to answer individual questions (except at drop-in sessions and on November 15, when staff will be available after the session only). Booklets describing the plans will be available at the meetings as well as in your department.

- Friday, November 9: Oyster Point conference room, 1 to 2:30 p.m. and 2:30 to 4 p.m.
- Monday, November 12: Mount Zion dining rooms 2 and 3, noon to 4 p.m.
- Wednesday, November 14: HSW 302, noon to 1 p.m.
- Thursday, November 15: Toland Hall, 5 to 6 p.m.
- Friday, November 16: VAMC, Building 203, third floor, room 3 B 66, noon to 1 p.m.
- Tuesday, November 20: S 1364, noon to 1 p.m.

How Are the Funds Performing?

For those invested in the 403(b) Plan and the After-tax Plan, here are the latest unit values and monthly factors (as of September 30). If you have questions, please call x69256.

	Monthly Factor	Current Rate
Savings	.0071	8.67%
Money Market	.0067	8.13%
GIC	.0071	8.62%

	Unit Value	1-Month Change	12-Month Change
Bond	$38.40	0.6%	1.4%
Equity	$59.59	-2.9%	-6.1%

"Plus 5" Early Retirement Program Passes

The news has spread like wildfire: The Regents have approved a program called "Plus 5" that offers staff and faculty incentives for early retirement.

Under "Plus 5," eligible members of the UC Retirement Plan (UCRP) will receive a bonus of five years of service credit in the calculations used to determine retirement benefits.

"Plus 5" also offers transition assistance, a one-time payment of approximately three months' salary with an extra bonus for staff UCRP members who retire as early as April 1, 1991.

The idea behind the program is to cut costs and avoid layoffs during lean budget times. It also would help balance the age distribution of faculty.

To be eligible for early retirement, staff and faculty must be at least 50 years old with five years of service credit. Additional requirements and benefits differ somewhat for faculty and staff.

Staff must have the sum of 75 years of UC employment-vested service and age to be eligible. Staff UCRP members must accept the early retirement offer between February 1, 1991, and March 31, 1991, and retire any time between April 1 and July 1.

The three-months transition payment for staff will be based on adjusted monthly covered compensation for June 30, 1990. The bonus will constitute an additional one-month payment based on the above salary figure for each month of voluntary earlier departure.

An Academic Senate faculty member must have a total of 80 years of University employment-vested service and age. Faculty who are part of UCRP must elect early retirement between February 1 and March 31 and retire July 1; and will receive a three-months transition assistance payment based on adjusted monthly covered compensation for June 30, 1990.

Faculty and staff who are members of the Public Employees' Retirement System (PERS) must elect early retirement between July 1 and August 31 and retire October 1. The transition assitance payment will be calculated as for faculty.

The "Plus 5" program was among a series of changes affecting the University's benefits program that were approved at the Regents meeting October 18. We'll look at other changes in this column next issue.

How to Get a Job

Qualified UCSF employees are urged to apply for open positions. The "Employee Opportunities" flyer lists current openings. The flyer is posted weekly in four locations: The main personnel office, the satellite office on the first floor at UCSF-Mission Center, in the hallway west of the cafeteria in Moffitt Hospital and in the Women's Resource Center.

The "Open Until Filled" list can be viewed at the main personnel office and the MCB satellite. Lists are updated Thursdays.

Personnel is located at 1350-7th Avenue. Business hours are 8 a.m. to 5 p.m. Monday through Friday, and until 6:30 p.m. on Wednesday. For job-related information, call 476-1645.

Fun Zone

Faculty/Staff Art Show November 12 & 13

Last year's Staff and Faculty Art Show was such a hit that Arts & Performances is sponsoring a second annual exhibition. Come view the work of 40 members of our staff and faculty on Monday and Tuesday, November 12 and 13, in the Millberry Conference Center. (There's a flyer circulating with the names of all the participants: Check it out.)

The entries include oils, watercolors, photography, prints, acrylics and mixed media. Some of the pieces will be for sale; bring your credit cards.

You can stop by and take a look between 8 a.m. and 6 p.m. both days; or, better yet, come to the reception for the artists between 5 and 7 p.m. on Monday, November 12. In addition to meeting the artists and viewing their work, you will be treated to all kinds of musical entertainment provided by campus groups—The UCSF Non-Marching Band, the Vocal Chords, Sunset Jazz Band and vocalist Juliane Poirier.

More fun:

- **EMPACT!'s Holiday Crafts Faire:** Thursday and Friday, November 15 and 16, 11 a.m. to 2 p.m. Millberry Union Conference Center. First-time event—all sorts of handcrafted goods from our own campus community, plus entertainment and food.
- **Beautiful Breakfast and Bay Cruise Bicycling Tour:** Sunday, November 18. Cross the Golden Gate Bridge to Larkspur, breakfast at the Good Earth Restaurant and come back to SF on the ferry. Easy 23 miles with a few hills. Pre-trip meeting Thursday, November 15, 6 p.m., Outdoors Unlimited Center. Further information: 476-2078.
- **Thanksgiving See's Candy Sale:** Monday through Wednesday, November 19 to 21, Medical Sciences lobby, 11 a.m. to 2 pm. Save $1.25 per lb. Sponsored by EMPACT!
- **Golden Anniversary Ice Capades:** The flyer says the Simpsons will be skating in this one. Save $3 a ticket by buying your tickets through EMPACT!. Four performances, Wednesday through Sunday, November 28 through December 2, at the Oakland Coliseum. Call 476-6932 for an order form.
- **Calling All UCSF Twinkletoes:** 4th Annual AIDS Dance-A-Thon, Sunday, December 2, at SF Fashion Center. Dance 4 to 9 p.m. to raise money for 10 local organizations. Great music. Contact EMPACT!, 476-6932, or Brenda Patterson in the Office of Public Service Programs, 476-8055, to register.
- **CVRI's Ron Brown is New Golf Club Champ:** See page two for a photo of Ron, winner of the UCSF Golf Club's Bart Patch Trophy for 1990. The new season begins December 1. If you're interested in joining this *very* active, 90-member club, call president Alan Kinghorn, 476-8021, right away. (A beginners' club also exists. Call EMPACT!, 476-6932.)
- **Reserve Your Ski Cabin Now:** North and South Lake Tahoe cabins available weekends and midweek, December through April. Call Outdoors Unlimited, 476-2078.



This is the witch which won.



Two military men meet.



I-mei Menchaca put together the pumpkin that won the prize for Laboratory Medicine.

That Was One Scary Conga Line

If you attended the campuswide Halloween Festival in the Millberry Union gym last week, then maybe you took part in what had to be the high point of the party: With Brazilian band *Escola Nova de Samba* playing up a storm in the background, a hundred or more costumed (or in some cases, uncostumed, if you know what we mean) merrymakers formed a conga line that grew until it finally burst into free-form dancing all over the gym.

This was a great party—loud, fast, energetic and over within an hour so nobody had to miss any of it. Thanks, EMPACT!, MU Programs & Services, TakeCare Health Plan, Student Services and Student Housing for putting it on. If you're interested in the results of the contests, here they are:

Pumpkin Carving Contest

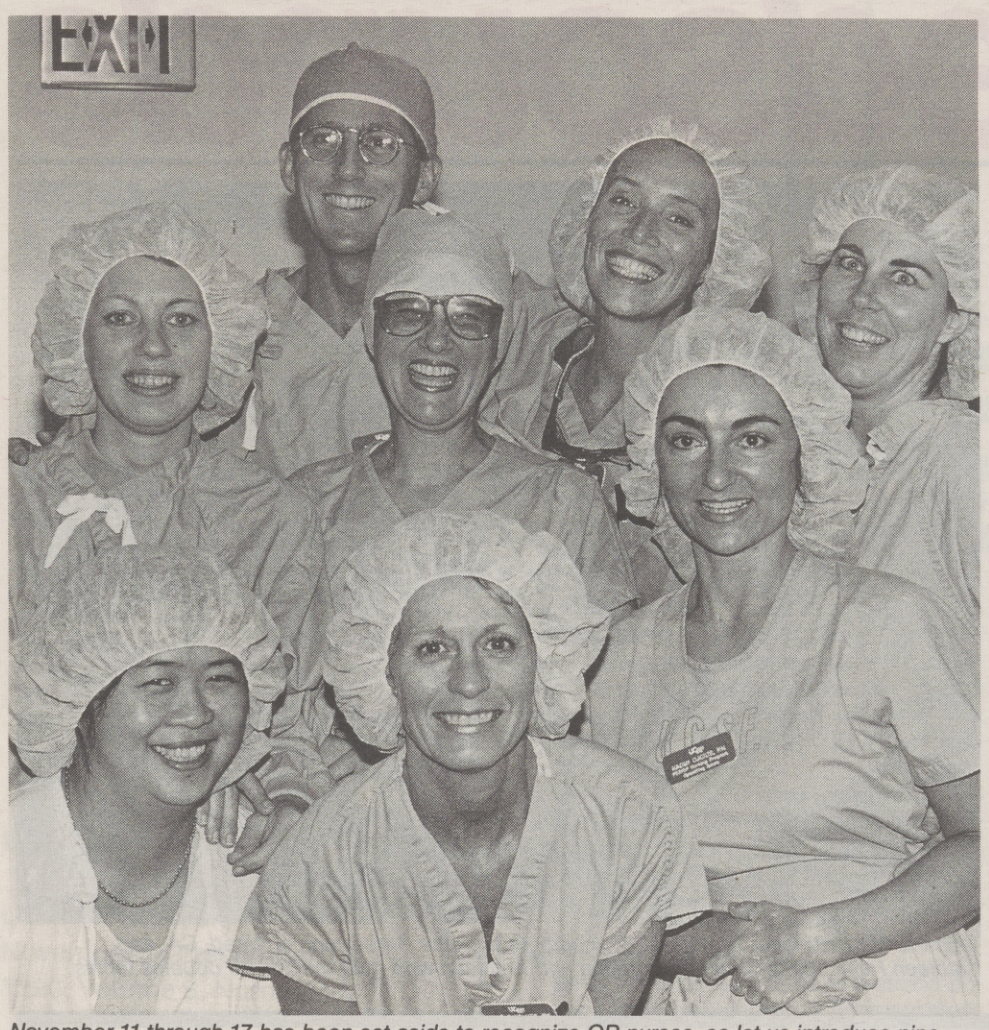
- First place (cartoon category): Ob/Gyn & Pharmaceutical Chemistry for "Margarella"
- First place (open category): Laboratory Medicine for "Haunted Ship"
- Second place (cartoon): Mount Zion/UCSF Home Care for "Bart Simpson"
- Second place (open): MU Programs & Services for "Totem Pumpkin"
- Third place (cartoon): SFGH Plant Services for "Scare Crow"
- Third place (open): Financial Planning & Benefits for "Big Squash on Campus." (This was very clever—the "Big Squash" held a big sign advertising the Open Enrollment Fair that was taking place simultaneously next door.)
- Chancellor's Award: "Betty Boop" by the Tuberculosis Clinic

Costume Contest

- First place: "The Witch" (Langley Porter's Patricia Christensen)
- Second place: "Ninja Turtles" (3rd-year pharmacy students Rita Jue, Karissa Shin, Joanne Chan and Ramy Wong)
- Third place: "The Cows" (Physiology's Karen Van Dehy and GSA president Theresa Gambel)

Medsounds Continued

It's OR Nurse Week



November 11 through 17 has been set aside to recognize OR nurses, so let us introduce nine brand new ones (so that you may better recognize them). They are: (beginning center, and then clockwise from top left), Marcia Epstein, Ron Burt, Susan McKan, Debbie Rostenberg, Naomi Ojcius, Sheila Holmes, Susan Wong and Norma Jean Boterhoek. (Not pictured is Karen Koffman.) All nine are experienced RNs from other areas, both inside and outside UCSF, who are making a switch to OR nursing. The group currently is undergoing a three-and-a-half-month orientation program under the tutelage of OR nurse educator Marsha Miller, from which they will graduate in early 1991.

First Phase of New ICN Finished

The new west wing of the Intensive Care Nursery opened November 1, marking the completion of the first phase of the ICN reconstruction project. With the opening of the new wing on 15 Moffitt, the temporary ICN unit on 6 North closed.

There will be an opening reception to celebrate the new ICN—but not yet. There are two more phases to come. The north wing is scheduled for completion in February; and the east wing, which will complete the project, is scheduled to open next August.

"We're planning an event in February, when the north wing opens and the east wing closes for reconstruction," says ICN head nurse Jill Sullivan. "It will be a combination opening reception and good-bye party—good-bye to the old east wing." The east wing of Moffitt has been the headquarters for the ICN for the past 25 years. The unit has gone through so many changes over the years, she says, the doctors plan to present a history of each room at the February celebration.

The ICN has been very much in a transitional stage of late, says Jill, what with the reconstruction, expansion and recent integration with the Mount Zion ICN. The staff has expanded from approximately 100 to 170, and when complete, the bed count will go from 36 to 44, including another ECMO bed. In the completed ICN, the unit will be completely contained in the three wings on 15 Moffitt, with special care and intensive care units combined. (The special care beds currently are on 14 Moffitt.)

The opening of the new wing coincided with the 10th annual reunion for children who were once high-risk infants in the ICN and their families. Several hundred guests of all ages, including former patients from the Mount Zion ICN, gathered in Saunders Court for a big Halloween bash and the chance to renew friendships and celebrate what for many could be considered a second chance at life provided by the ICN.



Taking an orientation on new monitoring equipment: (left to right) ICN nurses Susan Peloquin, Jill Sullivan (head nurse), Liz Medalle, Cathy Fisher and Deborah Lees.



Bill Kerr, presenting his namesake trophy to the Medical Records volleyball champs: (left to right) Harlan Wong, Marianne Kearney, Malcolm Oubre, Kathy McCaffrey and Patsy Whitfield. (Not shown is Respiratory Care's Jim Fink, who substituted for a Medical Records player who couldn't make it. Jim couldn't make the photo because he was having foot surgery, reportedly unrelated to the volleyball game.)

Clinic for Children with Weight Problems

A new clinic specializing in weight management for children and teenagers opened this month.

Called the "UCSF Pediatric Obesity Clinic," it offers comprehensive assessment of weight problems plus followup programs in weight management, including individual counseling and group sessions.

The clinic will be part of UCSF's new Pediatric Nutrition Center, which is now in its formative stages and will serve both inpatients and outpatients. The clinic is organized as a unit within the Division of Behavioral and Developmental Pediatrics, located on the second floor of the ACC.

The obesity clinic was formed in response to increasing concern by Bay Area doctors, parents and teachers about studies showing a more than 50 percent increase in the prevalence of childhood obesity and the need for effective weight management programs for young people, according to registered dietician Laurel Mellin. Mellin and Susan Johnson, assistant clinical professor of pediatrics, will serve as co-directors of the new clinic.

One of the programs offered through the clinic will be "Shapedown," which uses a family-based approach to managing childhood weight problems through dietary changes, exercise, positive self-image, and behavior modification. Developed at UCSF, Shapedown is now used by more than 400 medical centers nationwide and is recognized by the American Medical Association as an exemplary program for childhood obesity.

According to Mellin, Shapedown builds on the strengths of the family to change nutritional patterns and exercise habits. "Children and parents learn how to eat for health and enjoyment, rather than depriving themselves and then over-indulging. Parents also brush up on their limit-setting and nurturing skills to encourage children to turn off the TV, play sports, or do the dishes," she says.

For more information, call the Pediatric Obesity Clinic at 476-4575.

Director Presents the Cup

After reading about the Director's Cup for weeks on end, and then reading about the close competition for this prize, many people must be wondering what this glorious trophy looks like.

Well, here is a picture of it. Upon inspecting it, you may have the same reaction as Medical Records' Kathy McCaffrey, whose department won the Cup for volleyball this year. "We thought you'd come walking in the door, stooping under the weight of an enormous silver monument to our championship," she said to Medical Center Director Bill Kerr, when he arrived to personally present the Cup to the winners.

His answer was something like this: "I'm afraid it's like a lot of things we do here. We have big plans, but then the budget enters the picture and big things get smaller—like this trophy, for instance."

Okay, blame it on the budget: The Cup is more like a plate. But it still stands for the fact that Medical Records won out over all the other volleyball teams. Further, this is the second time in a row they've won the volleyball championship, and the third time in a row they've won the Director's Cup. (The first year of the tournament they got it for softball.)

A couple of days after the presentation to Medical Records, Bill had the arduous task of carting another Cup off to Mission Center. His destination there was HISD, winner of the softball championship. Both departments now can proudly display this testimony to their expert sportsmanship—at least until someone tries to take it away next year.

Free Program: Management Skill Builder III

Next in the series of live teleconferences produced by the American Hospital Association (and sponsored here at the Medical Center by the Department of Nursing) is "Management Skill Builder III," on Thursday, November 15, from 10 to 11:30 a.m. in Cole Hall. This program follows two previous skill builder sessions aired last spring and summer.

If you are unfamiliar with the AHA teleconference series, here's how it works. Periodically throughout the year these lively 90-minute programs on various topics pertinent to health care management are telecast live via satellite from the American Hospital Association. The format is such that members of the audience can pick up the phone and participate in the conference, if so desired. Anyone is welcome to attend, but registration is requested by calling 476-2993.

Nursing Education now has a whole library of past AHA telelconferences on videotape, which you are welcome to check out. Some of the topics include:

- Management Skill Builders I & II
- Maximizing Hospital Cash Flow
- Making Hospitals Hospitable for Older Adults
- Getting Ready for Nursing Care Management
- The Hospital Laboratory and the Law
- Medical Records Coding

For a complete list of topics or information on checking out a tape, calling Nursing Education at the above number.

Halloween Stories

No doubt most people who wore costumes to work did so because they planned to attend Millberry Union's Halloween Festival and enter the costume contest.

There were others, however, who apparently had their own agendas for coming to work in costume.

Infection Control's Marilyn Jordan, for instance, wore a turban, scarves and "scarum" pants, as she calls them, and assumed the role of "Mad Marilyn" the palm reader. She went from department to department in the Medical Center, reading some 300 palms before the day was done.

She did indeed tell fortunes. In fact, many employees—often more than one from the same department—learned from "Mad Marilyn" that they were excellent management material and would make very good bosses. While inspecting palms, she made a point of reminding people of the importance of keeping those palms clean in the clinical setting. She left each "client" with a sticker, "Wash Your Hands, Drown a Germ."

As the stars would have it, she ran into a real palm reader or two along the way. They were very good-natured about her Halloween charade, says Marilyn, and one even offered to help her out next year.

While "Mad Marilyn" was making her way through the hospital, Electrical Shop's Warren Crumedy was up in Pediatrics, delighting the children with his performance as a Ghostbuster. Apparently his costume was loaded with special effects, put together with the help of several members of the Electrical Shop staff.

This news was made known by Warren's sister, Effie Meredith from Medical Anthropology, who was anxious for her brother and his colleagues to have some recognition for their good deeds. They did something similar last Halloween, and they already have "something very special" in mind for next year, says Effie. Naturally, she wouldn't say what.

UCSF Medsounds

Volume 5, Number 19 November 10-23, 1990

"Team UCSF" Takes 25 Medals

Thirty-four Northern California residents who received kidney or liver transplants at UCSF over the past 20-plus years formed "Team UCSF" and traveled to the 1990 US Transplant Games in Indianapolis last month.

Last week they had a reunion to celebrate their great success: They came home with 25 medals!

The members of the team—representing 29 kidney transplants and five liver transplants—competed in just about every event—swimming, golf, tennis, bicycling, table tennis, badminton and track and field.

Exercise physiologist Trish Painter, who directs the rehab program for transplant patients at UCSF and who coordinated UCSF's participation in the Transplant Games, says she believes this was the biggest take for a team representing a single transplant center.

For all members of the UCSF delegation this was the first time they had participated in the Games, which began several years ago. For some members, this was the first time they had ever competed, period. One kidney transplant recipient said he didn't dream he was even competition material, but took part in the swimming event just to see what he could do—and ended up getting a bronze medal. Now he can't wait to try it again.

It may be a couple of years, however. Next year's Transplant Games are scheduled for Budapest. Getting there would be a major issue, says Trish, since getting to Indianapolis was an accomplishment in itself—made possible through subsidies from the Northern California Kidney Foundation and Sandoz Pharmaceuticals.

However, she suggested the possibility of a California competition next year, which met with considerable enthusiasm from the team. Most said they had a lot of fun competing, but they also really enjoyed the camaraderie, and would look forward to another opportunity to meet people who had gone through experiences similar to their own.

One man, a golf team participant, said he had a great time golfing, but the high point of the trip (literally and otherwise) was on the airplane coming home. Quite a few transplant recipients were on the plane, and they got into a conversation with the other passengers about the Games and about everything they were now able to do because of their transplants. By the time they landed, he said, they had a number of passengers convinced to sign donor cards.



Trish Painter (left) with "Team UCSF" members Lorraine Herbertson of Weed, CA, and Kathleen Reynolds of Concord. Lorraine and Kathleen won gold medals for doubles tennis.

United Way Campaign Ends Today . . . Still Time To Get In On the Raffle



Marcellus Martin (center) was honorary ticket picker for the Med Center's first raffle drawing at MCB last week. The final drawing takes place today (see story). To Marcellus' right are three members of the United Way committee, (left to right) Star Deppe, Dennis Piper and Laurie Carlson; and to the left are the interested bystanders required for the photo.

If this paper falls into your hands on Friday, November 9, then be advised that today is the final day of the United Way campaign in the Medical Center and across campus.

This means that if you want to make a donation, right now is a great time! If you are a Medical Center employee and you get your donation in before 11 a.m. today, your name will be entered in the final raffle drawing of the campaign. The drawing will take place during the United Way agency fair that begins at 11:30 a.m. today in the Medical Sciences lobby.

Hopefully you had a chance during the past two weeks to visit one or more of the Medical Center's United Way fairs, have some popcorn or a snack and meet representatives from some of the agencies that benefit from United Way.

The fairs also served as the setting for several drawings for the prizes listed in the last *Medsounds*. If you are a Medical Center employee and made a donation any time during the campaign, your name automatically was entered in the drawing. All winners were contacted following the drawings, so you know who you are. If you're interested in a complete list of who won what, check the poster near the Moffitt Cafeteria.

P.S. If you miss the deadline, you can still participate in the campaign. Just drop your pre-addressed contribution envelope in the campus mail as soon as possible.

Come to an Open House: Psoriasis & Skin Treatment Center

The staff of the Psoriasis and Skin Treatment Center is inviting doctors, nurses and other interested parties to join them for a glass of wine and hors d'oeuvres during an open house next Wednesday, November 14, from 4 to 8 p.m.

The Center, which operates as a program of the Ambulatory Care Center, is located at 515 Spruce Street, just off California Street near UCSF-Laurel Heights.

Founded in 1973, the Psoriasis & Skin Treatment Center has expanded to such a degree—both in size and services—that the staff felt it was time to acquaint or reacquaint people with the program.

Three years ago the Center moved to its fine new location on Spruce Street, so those who haven't had the chance to see the new facility can add this to their reasons for attending the open house.

In addition to the open house, interested clinicians are invited to Dermatology Grand Rounds on the same day, from 8 to 9 a.m. in HSW 301. John Koo, director of the Psoriasis and Skin Treatment Center, will give an overview of the work conducted at the Center:

- Management of treatment resistant psoriasis.
- Specialized procedures used in day treatment programs and the phototherapy unit.
- Overview of current research projects.

In its 17 years of existence, the Center has been remarkably effective in helping people manage psoriasis and psoriasis-related disorders. The only program of its kind in San Francisco, it has served as a model for other such programs across the nation. It also has continually expanded and modified services, becoming increasingly comprehensive and responsive to patients' needs.

For example, they have recently introduced "short treatment" therapy, a series of two- to three-hour treatments for patients who are not able to spend full days at the Center.

Those planning to attend the open house can take the Laurel Heights shuttle (ask the driver to stop at Spruce Street). Those planning to drive can park in the Laurel Heights parking lot at 3333 California Street. For further information, call 476-5290.

Celebrate with Family House

"The Board Members of Family House," reads the invitation, "cordially invite you to spend an evening at our home. We are celebrating the accomplishments of the past 10 years while looking forward to the opportunities that lie ahead."

The 10th anniversary celebration of this non-profit organization, which provides lodging and support for families with children receiving cancer treatment at UCSF, will take place on Tuesday, November 13, from 6:30 to 9:30 p.m. at the Family House headquarters, located right across from UCSF at 50 Irving Street.

All members of the campus community are invited to stop by for cocktails, hors d'oeuvres and entertainment. The evening will be highlighted by a visit from SF 49ers Keena Turner and Eric Wright between 7 and 7:30 p.m., who will present 49er game balls to three young members of the Family House family.

Mount Zion Director Marty Diamond Offers Update

Mount Zion Director Martin Diamond's recent "Message from the Director" now in circulation offers a fact-filled update on proceedings at Mount Zion since the integration July 1. Here are some highlights:

- The development of a comprehensive cancer center at Mount Zion is well underway with the opening of the Melanoma Detection and Treatment Center this year, and the appointment of Orlo Clark as chief of surgery. Clark, a specialist in endocrine surgery, has conducted extensive research in thyroid cancer. Alan Siperstein, a general surgeon, and Robert Allen, an expert in limb perfusion, have joined the staff; and recruitment is underway for a thoracic surgeon and two additional cancer surgeons. (The November/December issue of *To Our Neighbors* has a feature story on Dr. Allen's unique and highly successful treatment of a Fresno woman's malignant melanoma. Copies available by calling the News Office, 476-1541.)
- Robert Schindler, chair of Otolaryngology at UCSF, plans to recruit a noted head and neck surgeon with the goal of establishing Mount Zion as a center for this specialty.
- SFGH's Jeffrey Katz has been appointed interim chief of anesthesia.
- The UCSF ob/gyn faculty practice of Jeannette Brown, Elena Gates and Patty Robertson has relocated to Mount Zion. In addition to the group's general ob/gyn practice, Brown will specialize in urologic gynecology, including female urinary incontinence. A search committee has been formed to select a new chief of ob/gyn.
- The pediatric rehabilitation unit is expected to open in March. Richard Quint has been appointed medical director, and Cassandra Robertson, former Mount Zion ICN nurse manager, will be nurse manager for the new peds rehab unit.
- A newly refurbished 23-bed oncology unit is expected to open early in 1991.
- The next steps in the building program include the demolition of the Sutter Building, remodeling of the OR to construct a large operating room for complicated cases and a 12-bed post-anesthesia recovery area.

In This Issue

- **Halloween: Best pumpkins & costumes,** see page six.
- **Staff art show Nov. 12 & 13,** see page six.
- **Get your new ID card now,** see page one.
- **You can still catch an Open Enrollment information session,** see page six.
- **You should have three UCSF Emergency Cards,** see page one.
- **New incentive plan for early retirement,** see page six.

Mount Zion Fair

Next Thursday, November 15, a number of representatives from UCSF departments and programs will set up booths at Mount Zion for a "Getting to Know You" fair from 7 a.m. to 4:30 p.m. in the Nosherie (Mount Zion's cafeteria) and main lobby.

The idea is to introduce Mount Zion staff to some of the services and organizations that are available to them as UCSF employees. Among the programs and departments represented will be FSSAP (the Faculty, Staff and Student Assistance Program), Transportation, Development and Training, MU Arts and Lectures, Affirmative Action, Women's Resource Center, ABOG, UCSF Council, Empact!, Outdoors Unlimited, Child & Elder Care Referral Program and Payroll.

Visitors will have a chance at several raffle prizes, including this intriguing item: A stress management package that features a book called *Take This Job and Love It.*